

Get Healthy Frankfort Partnerships



A special thank you to [Partnership for a Fit Kentucky](#) and the [Kentucky Chamber of Commerce](#) for providing a Worksite Wellness Toolkit. The Kentucky Cabinet for Health and Family Services and the Kentucky Chamber are offering this new resource to the Frankfort Chamber and your company. This new program is customized to fit your particular need within your business. To download the toolkit, please visit:

<http://www.kychamber.com/docs/worksitewellness/worksitewellness.pdf>

The [Partnership for a Fit Kentucky](#) is a public/private partnership which supports the Kentucky Department for Public Health's CDC Obesity Prevention Grant. The focus is on promoting nutrition and physically active communities. This website is a clearinghouse of the Partnership for a Fit Kentucky's initiatives. The intent is to link resources, network programs, provide tools that work, and strengthen partnerships in order to develop cutting edge initiatives. Visit: www.fitky.org for more information



The Frankfort Area Chamber of Commerce is pleased to introduce our partnership with the Kentucky Personal Cabinet and their new and improved wellness program called "Journey to Wellness". We hope you will take a few minutes to check out the various links on the Personnel Cabinet's web site to learn more about what programs are available to you through your worksite. For more information on this program visit:

<http://www.personnel.ky.gov/dei/wellness>

